

Adrian Gilbert

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THE SCIENCE OF VITOLOGY

Within our framework of the 'natural sciences' we find many different areas of specialiaty and study. Each of these branches has its own name, such as biology, the study of animal life, and geology, the study of the earth. Yet of all the 'ologies' one which has not recieved much study at all is vitology, the inter-relationship of humanity to the Earth Harmony and Cycles. Often times the nomenclature of vitology is considered to be archaic, as it tends to be the oldest set of inquisitives: Why am I alive, and what is the purpose and meaning of my life?

The biological reply to the primal question is "Growth, Survival, Reproduction." Yet growth is a term relative to its user. The other sciences could then break this down furthur to encompass the reãlm of their especial study - Growth of the Mind (Psychology) Growth of the Spirit (Theology and Philosophy) Growth of material Possessions (Materialism). Does survival relate to the inability of a socially perplexed mind to get along with its neighbors? Or for a science-riddled spirit to remain religious despite it all? Or just plain food and shelter? Is reproduction of the species, of our knowledge, of our art or of them all?

The answers to these questions are of course relative to any given train of thought or belief system. Yet all these different questions are terminals, or gates which should be investigated, and these are the experiential fields of vitology. It is the course which no school or parent can ever totally teach . Tho they may offer instruction, and the findings of their own results, each individual for themselves must answer the questions surrounding "How To Live".

It is normal for humans to observe the mistakes of others. Yet is is not often that we see most people apply their insights of others to themselves in order to better understand their interaction with the world around them. The view of the Vitalist is to judge neither right or wrong, but to observe, and to refine one's knowledge with that information and understanding. It is the science of perception and utilization of experience. Or to be precise, it is the non-judgemental reception of the multiple perceptions which paint the rainbows of the multi-faceted jewel of living.

The underlying essence and concepts of vitology are as follows:

1. Accept the actions of all nature not as benign or malefic, but simply as one action perceptually appropriate to one given time.
2. Understand that every action is neither all good nor all bad. For every action there is an equal and opposite reaction. The Universe moves in a circular motion.
3. All rough edges eventually smmoth, according to the flow of mind, relative to time.
4. All actions are best percieved as a mutual thrusting of all facets involved.

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5. Enlightenment is not the possession of Knowledge (whether esoteric or common), rather it is the act of putting that knowledge to use according to the flow of nature, not according to the will of man.

6. "Those who wear fine linens and profess their scriptures, regardless of culture, are like those who wear titles of dignity. They are but puppets, for what the sheep would hear the shepherd must profess, or the strength of his staff is but short-lived."

7. Thus many shepherds rule by fear, and by secrecy, thus condemning the acquisition of knowledge, and intimidating those who would question.

8. It is accepted that all life is born of the same source, yet this source is like the essence of Nature herself. It is the diverse, multifaceted prism placed before the face of the sun, and every facet broadcasts a different shade and shape. And every shadow thereof consists of a different, yet similar, photo-spectral array.

9. The Will to Believe is necessary for the survival of humanity. However the will to deceive is necessary only to those who delight in the art of deception.

10. One who follows a belief adds strength and life to the belief. One who follows a deceiver can transform that deceit into a belief. Therefore a Leader who lies may live to witness their lie transformed into a truth.

11. Nothing on all the Earth or in the Heavens are perpetual. Yet in the biological circle the cycle of life is unending. Therefore it is not death one endures at the end of a given cycle. It is merely a transcending of one cycle to another, similar to moving from one spectral facet to another. Tho the shape and appearance may be altered, the essence is the same.

12. Never judge a person any differently than a pool of water. If water is still for too long it becomes stagnant. Yet if it moves in a calm nature and it is not disturbed by the confusion of the wind, the water may lead you to the mirror of the soul. And if the water moves rapidly over a chain of stones, it may glisten and entrance you by the light of the day, and never allow you to hear the meditations of your own heart.

13. You cannot do it -- for it cannot be done. One person may never step on the same peice of water twice.

14. No One Thing possesses only one facet. No one action alters the world. No one reaction is lesser or greater than the action which inspired it. Positive and negative are but components of one circular motion.

15. Circular motion is the force which compels the Universe. The Universe is the Mother which compels the Life-force to flow. The Life-force compels us to Be...

16. Therefore - Do Nothing. Leave Nothing Undone. Expect not those things which could or should be, nor reflect overmuch on what could have been. Love every moment of every life, simply because IT IS!

-Adrian Gilbert

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THE NINE KEYS OF ATTUNEMENT

STRENGTH - of mind and spirit, of body and innerself.

DIRECTION - of both energy and purpose.

HEALING - of oneself as well as Others.

HARMONY - of and with thyself and Nature.

ONENESS - with all elucidations of the Cosmos.

PREMONITION - of the future, of dangers, of choices.

PERCEPTION - of the true voice of the soul, and the true face of the spirit.

PENETRATION - of the Darkness and Opposition with enlightenment and love.

GUIDANCE - by the silent voice of the heart, and the unseen vision of all creation.

THE RIDDLE OF THE GREEN KNIGHT

From the tale of Sir Gawaine and the Green Knight -

It is said that if one can solve this riddle by neither word nor deed, but as seen by the gleam in thine eye, then one may live a year and a day beyond their time to die...

"Where Life is Gladness - Emptiness.

Where Life is Darkness - Fire.

Where Life is Golden - Sorrow.

Where Life is Lost - Wisdom."

These are called the four great Lessons, in a life that's lived full Circle.

Quote of the Green Knight -

"Just as every green shoot of spring returns to the earth from which it came alive, so return I. Live on... Remember Forever; for you have been where no other may go. "