

# **COSMICALLY AWARE INTERCOURSE**

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1. In the shared experience of sexual love, man and woman make the way of inner evolution easier for each other.
  - A sexual initiation ceremony is an intense application of symbol and drama to induce certain evolutionary changes in a short time
  - All initiation rites are modelled upon essential experiences taken from life
  - The experience of sexual love is the most powerful of life experiences, and the most faithful in its reflection and transmission of spiritual energies and realities.
  - Experienced as a mystical rite, sexual love becomes transcendental.
  
1. Each of us is destined , in time, and through many lives, to fulfil our higher self, which is the fragment of the Divine within you.
  - That which you love in your partner is the essential good, the Divinity, your glimpse of his or her higher self, and that is the true "reality" of that person.
  - Because that higher self which you see in your mind of your partner is a true fragment of the Divine, it is worthy of your devotion and worship.
  - When the time comes for the higher self to fully 'fill' the person, all of the lower self is caught up into the slender and glory of the higher self. Thus it is the total person, body and soul as well as spirit, that is worthy of your worship.
  
1. All of the techniques previously described are necessary preparations for this program of mutual worship of the Divinity within each.
  - The use of psychic energizers will give the experience a shared an enhanced vitality, and build

the energy reserves needed to attain the higher levels of consciousness.

- The giving and receiving of erotic massage will develop deep feelings of trust and caring.
- The fantasy games and mutual love making will deepen the perception of the essential good in each partner, and will help you see each other in a role outside the mundane personality.
- All these activities will draw the partners together physically, emotionally and mentally, in preparation, for, the next step.

1. Cosmically Aware, Intercourse is a true form of worship. It awakens the different level of consciousness within its devotees, and raises their love to the highest spiritual objective. The Divine Flame then fills your entire being.

- For each partner, the other is the chief manifestation of the deity in his or her life.
- To see divinity in your partner likewise enhances you ability to see and accept Divinity within yourself.
- The realization of the divine principle within is the essence of worship.

"One should worship a Divinity by becoming oneself a Divinity. One who has not become a Divinity should not worship Divinity. Anyone worshipping Divinity without becoming Divinity will not reap the fruits of that worship."

### **The Gandharva Tantra.**

The three centers of activity employed in this ritual represent –

Crown Center spiritual consciousness, and the divine presence within.

Feet Center representing sensory consciousness, and contact with the natural forces the world

Heart center representing personal consciousness. This is the great transforming, reconciling and regenerating center, mediating between the spiritual and earthly forces.

Four keys to effectiveness of ritual - Breathing, Sexual action, Visualization and Intention.

## THE MARMAS

The marmas are primary, secondary and tertiary erogenous zones. These concentrations of nerve endings are also known as sub-Chakras

### PRIMARY MARMAS

Lips and tongue. The tongues must touch In order to complete the circuit.

Breasts and Nipples These are stimulated by clockwise rotation of the palm or lips, both of which are sub-chakras themselves.

Vulva and clitoris, penis and testicles This is the sacral or 'sacred' area.

### SECONDARY MARMAS

Earlobes The right stimulates Pingala, the left Ida.

Nape of neck Opens the Sushumna

Sacral lumbar junction At the base of the spine - opens the sexual Chakra and contacts the Kundalini

The junction of the thighs along the genital fold

The insides of the thighs should always be stroked in an upward moving direction

### TERTIARY MARMAS

Medial (outside) surface of the little finger Awakens Sushumna

Palms

Naval Stroke clockwise

Anus Stimulates the base Chakra

Anterior nares The sides and front of the nostrils

Ear aperture

Soles of the feet

Big toe

## **MEDITATION**

Meditation is the cultivation of the voluntary attention. There are two dimensions to attention :

1. Concentration - the positive end of intensity
2. Regularity - the positive end of duration

Meditation lowers the blood pressure and reduces nervous tension.

Tantra sees the unconscious mind divided into 3 areas;

The Lower Mind - runs the various parts of the body - breath, blood circulation, the functions of the digestive organs, etc. Also habits, phobias, complexes and fears.

The Middle Mind- ordinary working life, incoming and stored data

The Higher Mind the source of intuition, inspiration and bliss, it is the source of deeper knowledge and transcendental experience.

The Collective Unconscious is the evolutionary and racial memory. Here is your link to the great archetypes, to your ancestors, and your link to all other minds.

It is difficult for the awareness to go to the Higher Mind until the Lower Mind fears and complexes are removed (except through the intercession of ritual).

There are two forms of meditation, active and passive. Passive meditation is when you become absorbed in inner sound. Active meditation is when you achieve self identity and can continue to meditate while engaged in daily activities. The center of awareness is shifted from the ego and outer layers of the mind to the essential Self.

Passive meditation has different steps

1. Fixing the mind on some thing, a sound, a mantra, picture, gesture, the breath or whatever. This calms the mind and turns it inward.
2. Allowing the free flow of images, memories, etc., thus probing the subconscious for trauma and purifying it.
3. After the exploration of the Lower Mind, you can then explore the higher.
4. Transcending this level, one reaches the self.

Almost all magick is accomplished by Image Manipulation:

I Iridescent : colors glow with a light of their own

M Magickal - a feeling that the image is different, powerful

A Active - make it move , motion holds attention

C Gigantic make it large, size impresses the mind

E Emotion get a feeling of the image, and make it stick

S Simplicity - if the image is complicated, the mind will focus on the complexities rather than on the image itself.

In Tantra you must learn to visualize with the eyes open. You may practice with your eyes closed to start, but you should work up to the point of keeping your more fully, as well , as to project the images further out. This is the externalization of the images of the mind.

## IMAGES ARE THE LANGUAGE OF THE UNCONSCIOUS

Whether mystical or love inspired, descriptions of ecstasy often include a sensation of melting, flowing, or flying.

The intense joy of romantic love parallels mystic experience, and is repeatedly described in literature and music. The magickal world of lovers, like the world of the mystic, is in sharp contrast to everyday life. But it is only the reweaving of the stuff of ordinary life which creates these enchanted dreams. Oddly enough the lovers of artistic creation are often involved in acts that are considered illegal or immoral - Tristan and Iseult, Lancelot and Gwen, Lady Chatterly.

What place does sex play in religion ?

Why should sexuality and spirituality be separated ?

How can the process which we call love be set apart from the experience of worship ?

In parting sex from the soul we have taken away its morning song and its evening bells.

The Phallus is the living symbol of godhead impregnating matter with life.

The Vagina is the gateway from which emerges all the various forms of life, of nature's beauty. The power source of life is male the nurturing and enhancing aspect is female.



Sex Religion

Love Magick

Ecstasy Psychic power

Sex almost frocibly resists objectivity. It is a highly subjective experience.

Who can fail to be touched, one way or the other, by sex

CHAKRAS	CONSCIOUS SYMBOL	UNCONSCIOUS – ARCHTYPAL SYMBOL
Base	Yellow Square	A green snake coiled 3 ½ times in a red Upright Triangle
Spleen	Silver Crescent	Surf crashing on a beach
Naval	Red Inverted Triangle	A Yellow sunflower
Heart	Blue Hexagram	A Single flame in Pitch Blackness
Throat	Black Egg	A Violet coloured ice cold nectar/Elixir
Third Eye	Winged Globe	A gold coin with Om in Sanskrit on it
Crown	White Crescent with Dot	A White drop of Semen
Sahasrara	White Rose	A Red Rose filling the Skull

In Western Ceremonial Sex Magick there are three degrees –

#### 1. Alphasism Magickal Abstention

Not allowing the mind to dwell or fantasise on sex. This provides a purity to your exercises and contacts, and gives it your full energy and attention.

#### 2. Dianism Intercourse without orgasm to a state of ecstasy.

"Come forth from the stars, and take your fill of love -- I am above you and within you. My ecstasy is yours, my joy is to see your joy."

3. Quodosh (means holy) the transference and imbibement of sexual secretions, charged to transubstantiate, and thus cause transmutation in the partners. The mingled male and female juices are termed the Elixir. Besides ingestion it can also be used to anoint objects and to charge them.

The Magickal Childe An energized and directed thought-form produced by sexual energies in a variety of ways.

There are historical records of the "Godeater" - these are stories of transubstantiation, the ultimate trigger being to use Chat which was alive, and yet not alive." This elixir is often called the Nectar of the Gods.

## THERE ARE FOUR TYPES OF ALCHEMICAL WRITINGS

1. Medicinal
2. Chemical
3. Mystical
4. Sexual

Each person who wishes to practice Tantra should undergo a retraining of the senses -- to reawaken them, and to utilize them more fully.

## THE PRIMARY MARMAS

The Primary Marmas are both receivers and radiators of energy. In this exercise the partners sit opposite to each other but in close proximity. An exchange of energy is psychically imagined as occurring, criss-crossing back and forth like laser beams from nipple to nipple, mouth to mouth, palm to palm, genitals to genitals. When you are accomplished in doing this with each of the individual locations, begin to combine two or more together until you are doing all four points simultaneously.

## THE CHARGING BREATH

With mouth closed, take in through both nostrils a deep steady breath, hold for a moment, then open your mouth over, but not touching, the place on your partners body that is to receive the charge. With the purpose of conveying warmth, vitality and love to your partner breathe out steadily and completely. This may be repeated several times over the same area. This breath can be used in massage before or during sex. The more often it is done the better results you will get.



## SHIFTING THE CENTER OF CONSCIOUSNESS.

Most of us believe our consciousness, exists within our head. A good practice for shifting this to say, a foot, is to first imagine it as being in the centre of your head. Then begin to try and feel or perceive it at your foot. The greater the warmth or tingling in the area you are focusing on the more success you are having. Practice this with all of your different body areas until you are proficient in shifting your consciousness, into any area of your body.